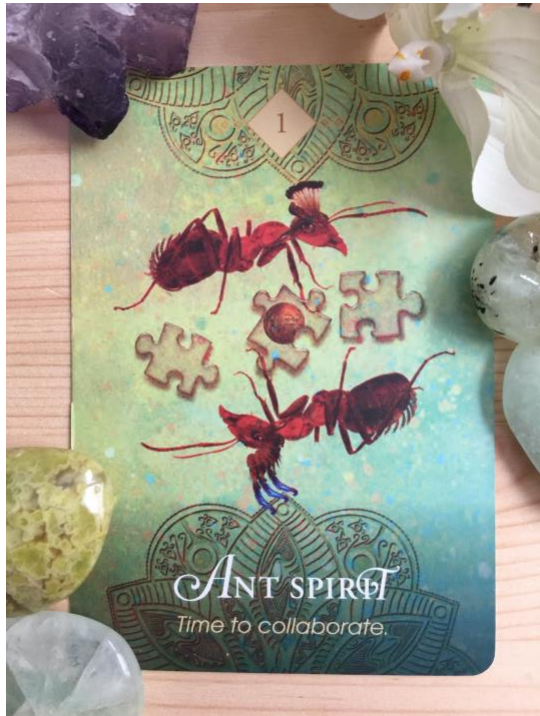


## SAMPLE SINGLE CARD READING



Date: 11/1/2020

Client: Jane Doe

Subject: Love

Card: Ant Spirit – Time to Collaborate

Deck: Collette Baron-Reid, The Spirit Animal Oracle Deck

Intuitive Reading: By Lisa at LIGHTGUIDED

**Meaning of Card:** “When Ant Spirit comes to visit it’s to celebrate the benefits of working in a partnership with others as part of a community or tribe. Spirit reminds you that to build your dream, you need to work with others, accept help, and trust in your most important partnership – the one you have with spirit.”

**Intuitive Interpretation for your situation:**

*New Beginning. New Perspective. Self-Empowerment. Balance. Authentic Self-Expression.* The energy surrounding this card in your reading indicates you have felt or feel

an imbalance in your current relationship. There is a need for communication allowing the possibility of bringing balance back to the situation. There is an indication of fearfulness related to communicating your needs. This is a pattern you are ready to release.

The pattern of not speaking your authentic truth may also affect other relationships and situations, as well.

The energy of this card supports the possibility of a new beginning. An opportunity to do something new/different. For example, if communication is approached with new skill, truth, and authenticity, this can lead to an internal shift, not only impacting your relationship(s), but may also lead to a change at a deep level moving forward. Meaning, by learning to your express your authentic voice you can begin to feel empowered and learn to trust yourself, which can support you in many other areas of life. Learning to express yourself you can cultivate self-trust and empowerment which becomes a pivot point that changes your overall satisfaction in all areas of life, not just relationships.

There is an indication in this situation of “taking your power back” and may also be pointing to feeling the other person in your relationship may speak to you in ways that allow you to feel “disempowered.” This pattern is being shown to me as learned behavior from childhood and general family dynamics – which may partly be why it feels so difficult to express yourself.

Spirit indicates the most important aspect of this reading for you at this time is to cultivate your authentic voice and self-trust. This can also be supported by learning about your

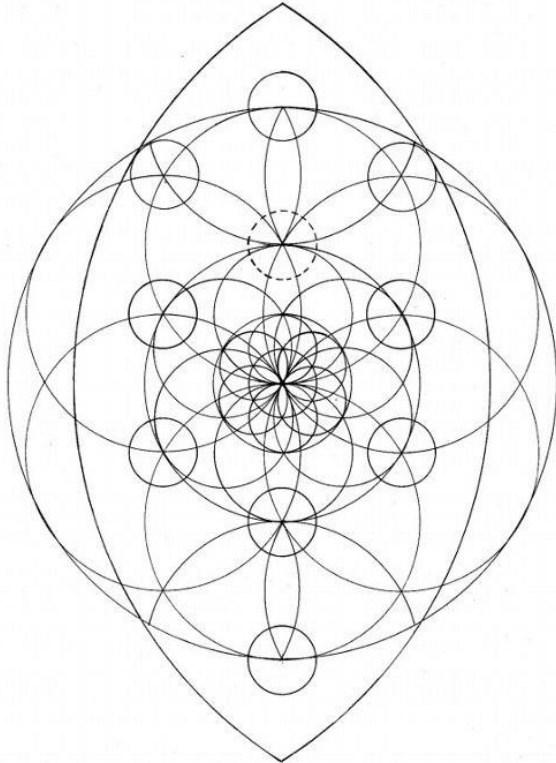
## SAMPLE SINGLE CARD READING

own boundaries and learning to communicate those.

In your current relationship I sense an overall lack of trust in the integrity of the other persons' intentions and behaviors. If this resonates for you, you may consider seeking counseling if you have an interest in that kind of support.

**Healing Messages:** Divine Feminine Energy comes through for healing. They are showing me amethyst and rose quartz crystals as supportive to you at this time. They are also indicating Epsom salt baths to clear energy and indicate drinking plenty of water and getting plenty of sleep are supportive to your overall wellbeing.

*Healing Symbol:* Tree of Life with added symbols for divine feminine.



*Affirmation:* I am a beautiful, empowered, whole, perfect expression of the one divine source of all of life. I effortlessly understand and communicate my deepest needs, wishes, and self-expression in all of my interactions. Nothing and no one, can limit my ability to speak my truth. I am confident and at ease in my body and with my voice. I recognize my own vulnerabilities and areas that need healing. I embrace these lovingly as parts of the whole of who I am. There is no place that the Divine Spirit is not working in perfect harmony with me and my life. I can rest knowing I am on the right path and supported in all ways by Spirit.

**Closing Note:** Jane, thank you so much for the privilege of offering this reading and healing messages for you. It is my hope these messages bring you clarity, balance, and wellbeing. If I can offer anything further in support your healing journey, feel free to contact me anytime or check out our other readings – [www.lightguided.com](http://www.lightguided.com).

Big Love,

*Lisa*